



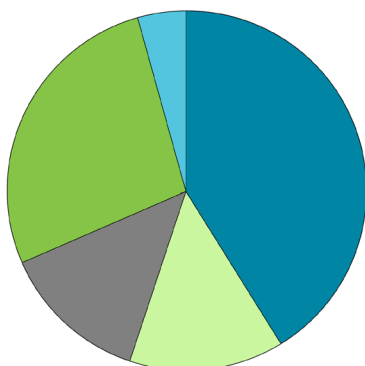
# 2018-19 IMPACT REPORT



## 2018-19 REVENUE AND EXPENDITURES

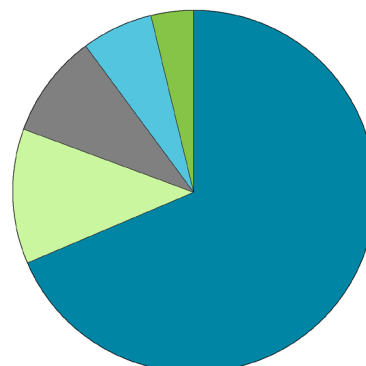
### REVENUE

Provincial funding	● 643,230
Corporate, foundation & individual fundraising	● 422,845
Federal funding	● 211,400
Community Food Centres Canada grant	● 210,000
United Way grant	● 66,957
<b>TOTAL</b>	<b>1,554,432</b>



### EXPENDITURES

Personnel	● 1,067,348
Building costs & Equipment	● 186,877
Program materials & food	● 142,230
Program Development	● 99,988
Travel & other costs	● 57,989
<b>TOTAL</b>	<b>1,554,432</b>



### THANK YOU TO OUR BOARD OF DIRECTORS

- Anne Cogdon, Chair
- Cathy Chenhall, Vice-Chair
- Kristina McMillan, Secretary
- Kristine Elliott-Grace, Treasurer
- Sharon Clark
- Erin Murphy
- Doug Townsend
- Natalie Woodbury

### THANKS TO ALL OUR GENEROUS SUPPORTERS

#### FUNDING PARTNERS

- Community Food Centres Canada
- Nova Scotia Department of Community Services
- Nova Scotia Health Authority
- Public Health Agency of Canada
- United Way Halifax

#### ORGANIZATIONS

- 3West Dartmouth General Hospital staff
- Afishionado Fishmongers
- Albro Lake Medical Clinic
- Antigonish Food Security Coalition

- Atlantic Purification Systems
- Aviva
- Birdies Bread Co.
- The Canteen
- Christine Darrah Design
- Davis Pier
- Devour! The Food Film Fest
- Earthco Resources Inc.
- East Port Properties staff
- Edwards Family Charitable Foundation
- Flemming Charitable Foundation
- Ecology Action Centre
- Evergreen
- First Baptist Church of Dartmouth
- Good Shepherd Food Bank
- Halifax Assistance Fund
- Halifax Chamber of Commerce

- Halifax International Airport Authority
- Halifax District Activity Fund – Councillor Tony Mancini
- Halifax Youth Foundation
- Hartman Matthews Family Trust
- Innovative Real Estate
- Kiwanis Club of Dartmouth
- Lake City Cider
- Lawton's (Primrose Street)
- The Levenhurst Foundation
- Living Earth Council
- Made with Local
- Manulife
- Maritime Gourmet
- Mushrooms
- Mary Margaret Young Estate
- The Masonic Foundation of Nova Scotia

- Meghan Tansey Whitton Photography
- McInnes Cooper
- Medavie
- Mike Oulton Meats
- Port Wallace United Church
- Sunday School
- NorthWest Healthcare Properties
- Nova Scotia Communities, Culture & Heritage – Building Vibrant Communities
- Nova Scotia Department of Seniors -- Age-friendly Communities Grant
- Nova Scotia Health Authority – Chronic Disease Innovation Fund
- NovaScotian Crystal staff
- Pop Culture Brewing

- Company
- Power Promotional Concepts
- President's Choice
- Children's Charity
- The PR Hive
- Saint Paul Parish
- Seascope Knits
- Sisters of Charity
- Sobeys
- Station 1 Fine Food
- Taproot Farms
- Telus Atlantic Community Board
- Trainyard General Store
- Truefaux Films
- Venor Recruitment Company
- Vessel Meats
- The Windsor Foundation

### BLUE NOSE 2018

Thank you to everyone who supported our 2018 team:

- Sonja Bellefontaine
- Paul Black
- Maryann Borg
- Sharon Clark
- Liam Clark-Black
- Anne Cogdon
- Vivian Cooper
- Deborah Dickey
- Cindy Elliott
- Irene Gliinsky
- Henry Goupil
- Susan Goupil
- Susan Greenough
- Susan Leblanc
- David Lincourt
- Euan Macaracher
- Doris MacDonald
- Roxanne Manning
- Caralee McDaniel
- Anne-Marie McElrone
- Dean Morton
- Amanda Nickerson
- Hayden Nickerson
- Alicia Nolan
- Avelene Osmond
- Emma Poirier
- David Richey
- George Shannon
- Mitchum Shields
- Tammy Shields
- Nadine Sparks
- Collette Spellman
- Keith Stevens
- Angela Yochoff
- Laura Yorke

- Pop Culture Brewing Co.
- Portland Street Creperie
- Stone Pizza
- Taste of Nova Scotia
- Rana Zaman

### GARDENING PARTY 2018

- BOYNECLARKE LLP
- Killam REIT
- Ocean Contractors
- O'Regan's
- Rotary Club of Dartmouth
- Sobeys
- Telus

### COMMUNITY MEAL

- The Canteen
- Chives
- Il Trullo
- Java Blend
- The Watch that Ends the Night
- The Wooden Monkey

### PROMOTIONAL PARTNERS

- Ian Selig Photographer
- Jordo Haines Photography
- Only Issue
- Power Promotional Concepts
- Snickerdoodle Photography
- Truefaux Films

### RESTAURANTS FOR CHANGE

- The Canteen
- EnVie

### THIRD PARTY FUNDRAISERS

- Kindkrafts
- Oakfield Ladies Golf Tournament
- Colin Bebbington & The Wooden Monkey
- Devour! The Sea

### SIX PRIMROSE @ ALDERNEY LANDING

- Sobeys
- Alderney Landing Theatre
- Bishop's Cellar
- Lake City Cider
- North Brewing
- Souper Duper Soup

### INDIVIDUALS

- Anne Campbell & John Lindsay
- Douglas Wilson
- Anonymous
- Kimberley Amirault
- Pamela Anderson
- Catherine Arms-Roberts
- Claude & Diane Aucoin
- Oras Bakour
- Marcia Barsz
- Jessica Basta
- Susan Bennett
- Anne Blackler
- Mary Beth Bowie
- Gerald & Gloria Breen
- Marc Brochu
- Rae Brown
- Joan Burgess
- Denise Callahan
- Patricia Campbell
- Stella Campbell
- Claudia Chender
- Cathy Chenhall & Patrick O'Regan
- Fiona & Mark Chin-Yee
- Tim Chipman & Suzanne Zinck
- Robert Chisholm
- Sharon Clark
- Anja Clyde
- Anne Cogdon
- Alan Collins
- Louis R. Comeau
- Poet Comeau
- Christine Corston

- Aimee Coulombe
- The Grace Family
- Donna Cunningham
- Prem Deonarine
- Dominique Deflandre
- Carolyn Delvallet
- Deborah Dickey
- Kevin Dickey
- Patrick Drown
- The Drown Family
- Angus Duncan
- Dianne Ferguson
- Timothy Fletcher
- Kathleen Flowerdew
- Nancy Fong
- Susan Forsyth
- Brian Fortune
- Wendy Fraser
- Sid Fraser
- Alison Froese-Stoddard
- Jenny Gammon
- Rachael Gardiner
- Georgina Geldert
- Skana Gee
- Igor Geshelin
- Carolyn Gill
- June Gillespie
- Julie Glistler
- Jim Goddard
- Dr. Jan Goodwin
- Adam & Suzanne Greeley
- Katherine Hamilton
- Douglas & Diana Hanley
- Nicole Hansom
- Catherine Hart
- Leah Hemeon
- Clarence Hewitt
- Theresa Hurley
- Jane Hustins
- Terry Ann Jardine
- Sandy Jolly
- Anam Kidwai
- Emily C. Kay
- Maureen King

- Chara Kingston
- Justin Laing
- Danielle Langevin
- Arthur & Patsy LeBlanc
- Susan Leblanc
- Rene Leclerc & Andrea Bowie
- Melissa Lee
- Colleen Lewis
- Lorraine Lewis
- Frank Lockington & Trish MacInnis
- Megan Longley
- Stella Lord
- Joan Luiken
- Annick MacAskill
- Rita MacAulay
- Jessie Macdonald
- Margie Macdonald
- Claire MacDonald
- Sudanna MacDonald
- Mary Macdougall
- Marian Macken-Issekutz
- James MacNeill
- Maura MacNeill
- Tracy Mahoney
- Grace Malcolm
- Melissa Mallory
- Marsha Mann
- Susan Marsh
- Pat & Dennis Maynard
- Matthew McCarthy
- Gloria McCluskey
- Caralee McDaniel
- Anne-Marie McElrone
- Joanne McKeough
- Mary McKeough
- Kristina McMillan
- Kimberlee McTaggart
- Sarah Meaney
- Patricia Millar
- Ann & Rainer Minzloff
- Sheila Moffatt
- Kathy Moggridge

- Anna Monbourquette
- Cynthia Moore
- Amy Muench
- Bonnie Murphy
- Erin Murphy
- JoAnn Nippard
- Margaret Nunn
- Bruce Oakley
- Cheryl O'Brien
- Bill and Barb O'Hearn
- Katalin Ohlsson
- Kathleen O'Regan Bent
- Val Pattenden
- Dennis & Peggy Pilkey
- Scott Rappard
- Sandra Reesor
- Jane Reilly
- Bernard & Deborah Rogers
- Gwen Romanes
- Violet Rosengarten
- Jacqueline Ruck
- Heather Sceles
- Anthony Scoggins
- Lisa Scott
- Ian Smith
- Elizabeth Smythe
- Pat & Phil Sonnichsen
- Harry Soper
- John & Cathy Snow
- Matt Spurway
- Keith Stevens
- Alan Swinamer
- James & Christina Trussler
- Fred Tummonds
- Derek Vallis
- Charles Verge
- Jan Wallace
- Janice Whebby
- Natalie Woodbury
- Laura Yorke

### BLUE NOSE RAFFLE CONTRIBUTORS:

- BEY Botany
- Blended Athletics
- Finbar's Irish Pub



Get involved and help strengthen our community. Donate online or sign up for our mailing list on our website: [www.dartmouthfamilycentre.ca](http://www.dartmouthfamilycentre.ca)

All photos courtesy of Snickerdoodle Photography except photo of Six Primrose stars on page 2, taken by Jordo Haines.



Thanks to Community Food Centres Canada for its support of the Dartmouth North Community Food Centre

Charitable number: 140914755RR000

- Facebook: DartmouthNorthCFC
- Twitter: @DartmouthCFC
- Facebook: Dartfc
- Instagram: dartmouthcfc
- Website: [dartmouthfamilycentre.ca](http://dartmouthfamilycentre.ca)

*"My kids and I are starting over. We hit some bumps along the way and have also had some really great days. But I worry a bit less, or smile a bit more, because I have a constant through all of it."*

Read Diana's story on our website at [www.dartmouthfamilycentre.ca](http://www.dartmouthfamilycentre.ca)



## 2018-19 HIGHLIGHTS

### SIX PRIMROSE WORLD PREMIERE

There wasn't a dry eye in the house at the first screening of Six Primrose, a feature-length documentary by Truefaux Films that follows the lives of six community members connected with the Dartmouth Family Centre/Dartmouth North Community Food Centre.

### WELCOME WENDY!

In December 2018, our team welcomed a new Executive Director, Wendy Fraser. Wendy brings with her decades of experience in non-profit and community organizations.

### KEEPING KIDS COOKIN'

Thanks to President's Choice Children's Charity for supporting some of our most popular family and kid-focused cooking programs, like Young Cooks and Food & Families.



# OUR IMPACT

DARTMOUTH NORTH IS ONE OF OUR CITY'S MOST CHALLENGED NEIGHBOURHOODS, WHERE 1 IN 2 CHILDREN LIVE IN LOW INCOME HOUSEHOLDS. BUT IT IS ALSO A COMMUNITY OF RESILIENCE.

With the help of partners, supporters, volunteers and program participants we're working to strengthen families, improve health, and increase social support.



**9,377**  
volunteer hours



**212**  
volunteers



**27,480**  
healthy nutritious meals served



**36,989**  
participant contacts across both sites including visits to drop-in programs, food skills and parenting workshops, community meals, and more.



**95%**  
of participants feel they belong to a community.



**95%**  
of participants have gained confidence in parenting.



**92%**  
of participants say that we provide them with an important source of healthy food.



**1,823**  
one-on-one support sessions offered through our Peer Advocacy program



**100**  
families received ongoing in-home support through our Enhanced Home Visiting & Parenting Journey programs

*"I wouldn't be alive today without this centre... it prevents isolation and forces me to get out. And now I know many more people in our neighbourhood."*

- Food Centre volunteer & participant

*"This is an incredible place. I've seen the community come alive, it makes a great difference in people's lives."*

- Food Centre participant

*"I am a mother of premature twin boys, with lots of life challenges as an immigrant. After I came to the Family Centre I had a new life... I love being there."*

- Family Centre participant

*"I was Melissa's Home Visitor seven years ago when she was pregnant. Now we are co-workers, and she is a Home Visitor herself. She has become a source of strength for many others."*

- Tammy Shields, Community Action Coordinator

*"People are learning skills and healthy behaviours while becoming more engaged in their community. We're proud to support Dartmouth North in providing programs that help people live their best lives, mentally and physically."*

- Bernard Lord, CEO, Medavie

