



THE NORTH GROVE
We Stand Together

2022-23 IMPACT REPORT





YOUTH PARTNERSHIP **BUILDS COMMUNITY**

As soon as Brooke VanTassel started teaching at John Martin Junior High, she knew she wanted to do something different with her grade seven classes. Then she drove by The North Grove and saw the community farm.

“I thought it would be amazing if I could get some of my students involved to do farm work or help in some way,” says Brooke. “I really wanted them to have that hands-on connection to know that they can make a difference.”

Brooke grew up in Sackville and was always quite close to the community in Dartmouth North. Coming into her first year of teaching at John Martin Junior High, Brooke knew she wanted to give kids opportunities to build community connections.

Fast forward 10 months, and Ms. Van Tassel’s 95 grade seven students have

contributed more than 500 volunteer hours at The North Grove and are now an integral part of the community hub that’s just a five-minute walk from their school.

The students have helped in all areas of programming, from planting and harvesting to cooking and putting together meal kits.

“It’s made a world of difference in the students. Their work at The North Grove has really helped their self-development, confidence and ability to communicate and collaborate – things that can be difficult to build at school.”

- Brooke VanTassel, grade 7 teacher at John Martin Junior High

“I’ve found that when kids are given that little bit of freedom, they really show that they can be wonderful members of community – and they want to be.”

- Brooke VanTassel

Brooke says her students come from an eclectic mix of backgrounds and experiences. Some are newcomers, navigating being in a new place; some are dealing with struggles focusing in class; others are dealing with bullying and conflict.

Isaac and Jayden are two of Ms. VanTassel’s students. They share a love for basketball, cooking, video games and now,

The North Grove. They both agree that the 45 minutes they spend at The North Grove goes by too fast. “It makes the rest of the day better,” says Isaac.

Some students are now bringing family members for tours of the farm, or to pick up produce at the market stall. They’ve also started coming to weekly community lunches, where intergenerational relationships are taking shape as they sit at tables with older community members.

After seeing the positive effects of this partnership, Brooke hopes other schools will explore ways to give students hands-on community experience.

Read the full story at www.thenorthgrove.ca



“It’s so fun there – and different than the rest of school.”

- Jayden (above right)

YEAR IN

INVESTING IN PARTNERSHIPS

As a community hub, The North Grove is committed to bringing as many services to Dartmouth North as possible. That's why we've devoted an entire staff position to building and maintaining partnerships that will benefit The North Grove community, like our partnership with The Nova Scotia Sisterhood. See a list of our program partners on the back of this report.

"The North Grove has what I call 'staying power'. We've been here for almost 30 years, and people in the community have grown to know us and trust us."

- Caralee McDaniel

Tools for Good Photography

In a year marked by high inflation and ever-increasing need, The North Grove was a constant in this community. Whether we provided take home meals, fresh produce, or opportunities to share and connect through parenting and children's programs, it all happened thanks to you and your support!

44,212

Healthy meals and snacks for families and individuals

5,891

Volunteer hours contributed

681

Visits to our Community Trading Cupboard

408

Parents and children participated in our family programs

REVIEW

CELEBRATING 25 YEARS OF PRENATAL

Caralee McDaniel was a young mom when she founded The North Grove's unique prenatal program 25 years ago. Now, more than 500 expectant moms including Caralee's daughter, have benefited from the program and Caralee is the organization's longest serving staff member.

VOLUNTEERING IS BACK!

After relying on a small-but mighty-group of volunteers during the pandemic, our volunteer program returned to full swing, growing by more than 170% since January 2023. The North Grove now has more than 120 active volunteers.

FINALLY...SHARING MEALS TOGETHER AGAIN!

After almost three years of preparing and distributing more than 53,000 take-home meals, we welcomed community members back to The North Grove dining room with open arms.



Snickercoco/te Photography

YOUR SUPPORT MADE A DIFFERENCE

100%

of people feel they are welcomed and treated with respect at The North Grove

98%

of people said that The North Grove provides them with a healthy source of food

93%

of parents received information in The North Grove programs that was useful in guiding their child's behaviour

93%

of people feel they belong to a community at The North Grove



Snickerdoodle Photography

THE NORTH GROVE BOARD OF DIRECTORS

Top row (left to right): Erin Murphy, Sharon Clark (Secretary), Shaune MacKinlay, Wendy Fraser (Executive Director), Cathy Chenhall (Past Chair), Kristine Elliott-Grace (Vice Chair and Treasurer), Jacqueline Ruck
 Bottom row (left to right): Nevell Provo, Doug Townsend (Chair), Susan Mullin

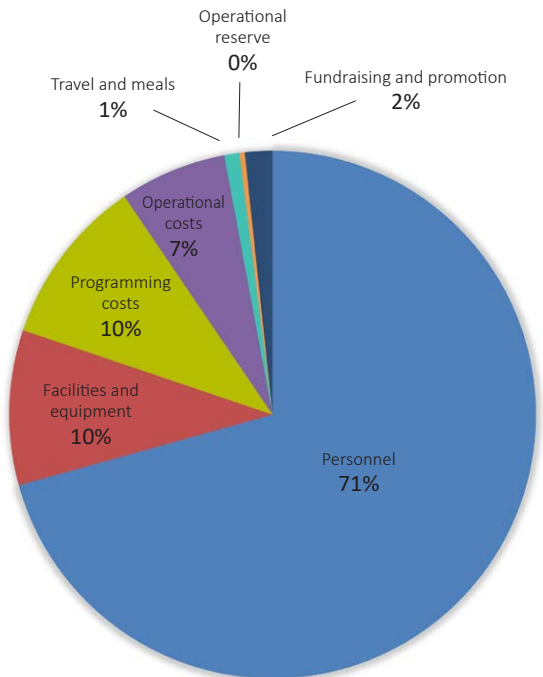
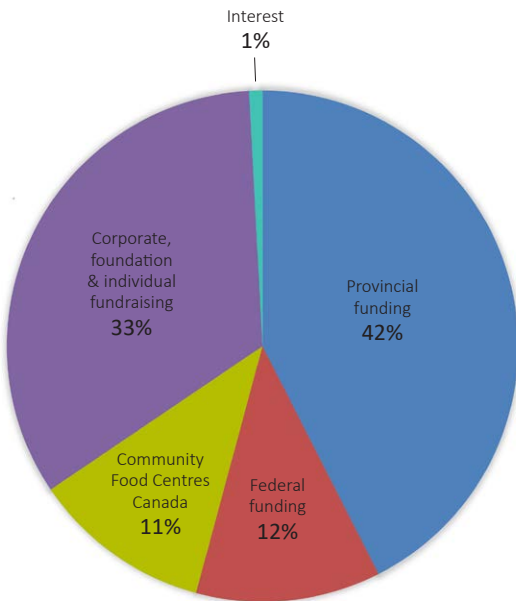
2022-23 REVENUE AND EXPENDITURES

REVENUE

Provincial funding	■	757,584
Federal funding	■	211,400
Community Food Centres Canada	■	205,000
Corporate, foundation & individual fundraising	■	593,718
Interest	■	15,155
		1,782,857

EXPENDITURES

Personnel	■	1,260,075
Facilities, utilities and equipment	■	169,517
Programming costs	■	183,741
Operational costs	■	117,131
Travel and meals	■	16,677
Operational reserve	■	5,583
Fundraising and promotion	■	30,133
		1,782,857



For full financial statements visit www.thenorthgrove.ca/reports

OUR SUPPORTERS

Thank you to all our supporters. Visit www.thenorthgrove.ca to see the long list of people and organizations who contribute to The North Grove.

FUNDING PARTNERS

Community Food Centres Canada
Department of Community Services
Nova Scotia Health Authority
Public Health Agency of Canada
United Way Halifax

SUSTAINABILITY SUPPORTERS

Anne Campbell & John Lindsay
Danny Chedrawe/Anchor Group (Atlantic) Ltd.
J & W Murphy Foundation
John & Pat McCutcheon Charitable Foundation
Medavie
Sobeys
The Windsor Foundation

FOUNDATIONS & NONPROFITS

Clean Foundation
Edwards Family Charitable Foundation
Enterprise Holdings Foundation
Feed Nova Scotia
Flemming Charitable Foundation
Halifax Assistance Fund
Halifax Youth Foundation
Hartman Matthews Family Trust
Levenhurst Foundation
Kiwanis Club of Dartmouth

MAZON Canada
Spencer Family Charitable Foundation
The Dorothy & Dan Gibson Foundation

CORPORATE PARTNERS

BOYNECLARKE LLP
BRUNO Builders
The Canteen on Portland
East Coast Credit Union
Fathom Studio
Fresh 21 – Nova Scotia Community College
Halifax District Activity Fund – District 6 Councillor Tony Mancini
Halifax ReTales
Innovative Real Estate
JASCO Applied Science (Canada) Ltd.
Killam Apartment REIT
Lake City Cider
Made With Local
McInnes Cooper
Metrie
Mill Supply Ltd.
O'Regan's Automotive Group
Power Promotional Concepts
RFS Energy Consulting & Research Group Inc.
Sobeys Community Fund
Stantec Consulting Ltd.
Trainyard General Store
Touch of Gold

MAJOR DONORS

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Mark Jollymore
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Laurel King
Larry MacEachern
The Miedema Family
Mackenzie Regan
Cheryl O'Brien
Tom Purves
Gwen Romanes
James Sawler
Laurie Stephenson & Sue Sirrs
Albert Sweetnam



Snickerdoodle Photography

"The people that go there are wonderful. It's just like family."

Read Troy's story at www.thenorthgrove.ca

PROGRAM PARTNERS

The North Grove is proud to partner with a wide variety of organizations who share our commitment to building a thriving community. Thank you for your big hearts and hard work.

Community Volunteer
Income Tax Program

Dartmouth Learning Network

Dartmouth North Public
Library

Direction 180

Flaxmobile Project

Feed NS

Forsyth Education Centre

Frontier College

GEO Nova Scotia

Harbour View Elementary
School

John Martin Junior High

Mental Health and Addictions
Program

Mobile Food Market

Nova Scotia Health

Nova Scotia Brotherhood

Nova Scotia Sisterhood

Nova Scotia Legal Aid

NSCC Achieve Program

Welcome Housing & Support
Services

Thanks to Community Food Centres Canada
for its support of The North Grove.



in partnership with

community food centres
CANADA cfccanada.ca


WE STAND TOGETHER



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www.thenorthgrove.ca

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